



The New York State Office of Religious and Independent Schools

PROFESSIONAL DEVELOPMENT RESOURCE CENTER (PDRC)

The Upstate PDRC – All NYS Regions North of NYC

Maslow's Hierarchy of Needs: A Quick Guide

Look for more Quick Guides on the
Upstate PDRC website:

<https://www.nysed-soris-upstate-pdrc.org/>

Goals of this Guide

- What is Maslow's Hierarchy of Needs?
- How does it relate to learning?
- How can it be applied during remote learning?

Maslow's Hierarchy...

...was developed in 1943 by Abraham Maslow

...is a psychological theory of motivation

...has been a useful framework for educators and social workers

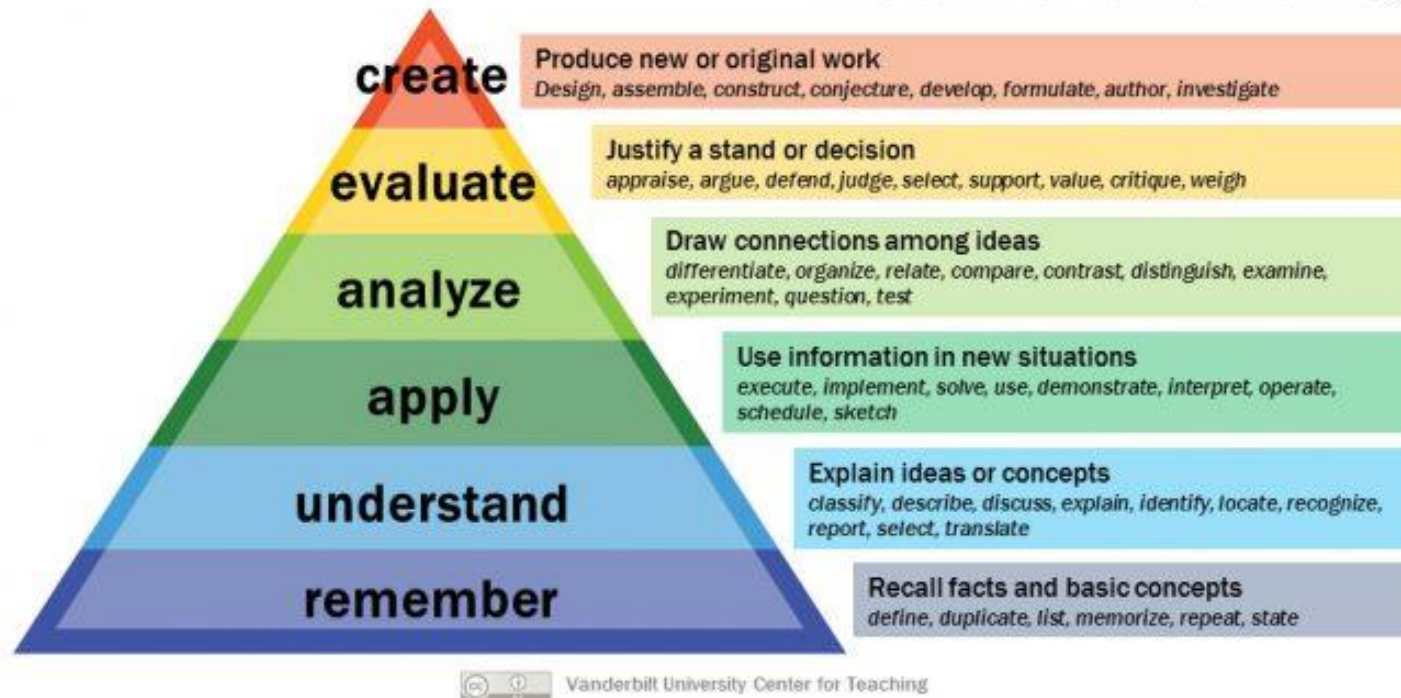
...states that needs lower down in the hierarchy must be satisfied before individuals can attend to those higher up

The basic model



What the Maslow triangle is **not**...

Bloom's Taxonomy



SEL is more important than ever

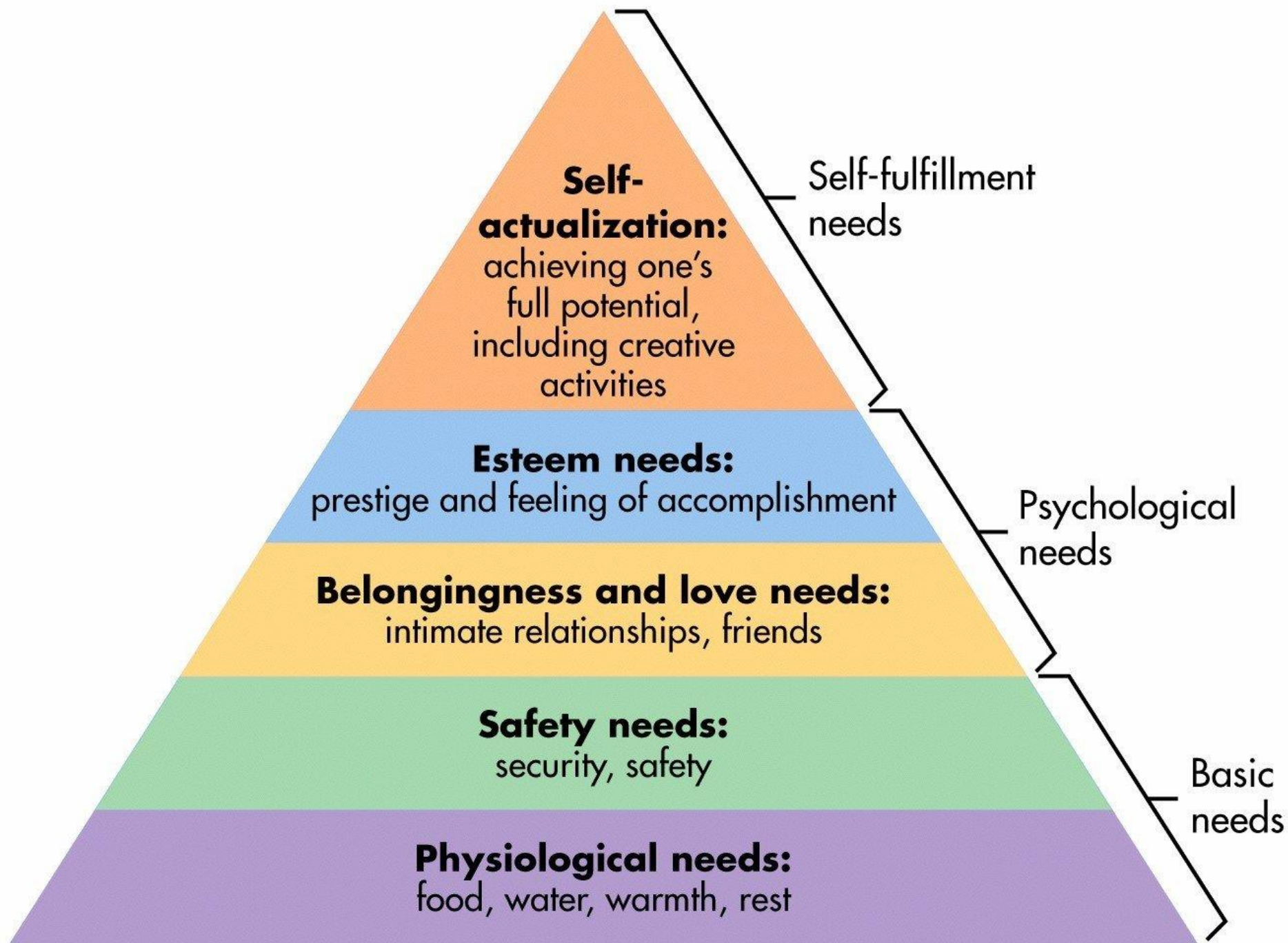
It is well established that attending to students' social-emotional needs is an important strategy for supporting the whole child.

When schools reopen this fall, whether in person or virtually, educators will need to provide students with extra support to address trauma they have experienced due to social isolation, fear of virus transmission, housing and food insecurity, loss of loved ones, and even abuse.

This new research shows that SEL is also a proven strategy for accelerating student learning:

What do Changes in Social-Emotional Learning Tell Us About Changes In Academic and Behavioral Outcomes?

https://edpolicyinca.org/publications/changes-social-emotional-learning?utm_source=PACE+All&utm_campaign=db7cab8a6f-EMAIL_CAMPAIGN_2019_08_29_05_32_COPY_03&utm_medium=email&utm_term=0_9f1af6b121-db7cab8a6f-599301610



In-person vs. distance

Many practices that support a student's social and emotional needs are just **good teaching** -- they barely need any adapting for the online space.

Others can be accomplished via phone-call, US mail, video conferencing and social media.

Physiological needs

How to help from a distance:

use Google forms regularly to normalize asking the questions

Something positive about today.

Multiple-choice check-in:

“I’m okay”, “I’m struggling”, etc.

Happy/sad faces for younger children

wellness calls
(Google voice)

Help students create their own self-care plans and schedules (consistency, control)

Don't forget to plan drink, stretch and restroom breaks during class!

Help students identify their own stressors and their own coping strategies and support people

Safety needs

How to help from a distance:

Wellness
calls and
check-in
forms

Buddy
system

Hold
office
hours

Educate
students and
families about
cyber-bullying

Know the
NYS
mandated
reporter
guidelines

Clear and
consistent
virtual
classroom
expectations



Social needs

How to help from a distance:

regular on-line circle practice

Play games as a class

Virtual spirit events

"You are loved and missed"

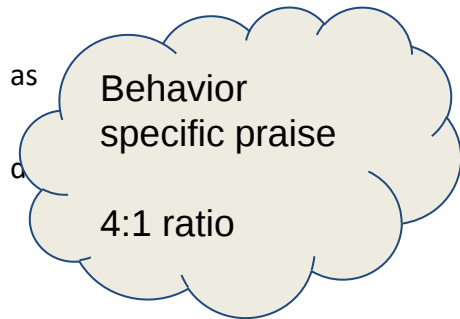
School social media pages

Make time for regular SEL program



Esteem needs

How to help from a distance:



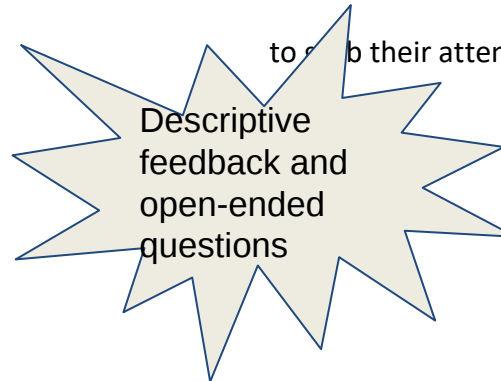
“You waited for her to be done talking before you asked your question, Julian. Way to talk!”

Teach and
model
learning
strategies

“Talia, your classmates were really focused on you

gave your presentation. What do you think you

to grab their attention?”



“I’m going to use the closed-captioning, because some of us are really tuned-in to reading more than listening.”

Self-actualization needs

How to help from a distance

"I have high standards for you."

Peer mentoring, buddy program with younger students, student leadership opportunities

Promote artistic self-expression

Promote service learning projects

looking forward with career and college exploration

Maslow's Hierarchy of Needs Applied to Teaching During the COVID-19 Crisis



Skills for
online/remote
learning

Do they have
access to instructional
materials?

Do they have
coping skills to deal with
crisis and emotions?

Do they know they are
loved and missed?

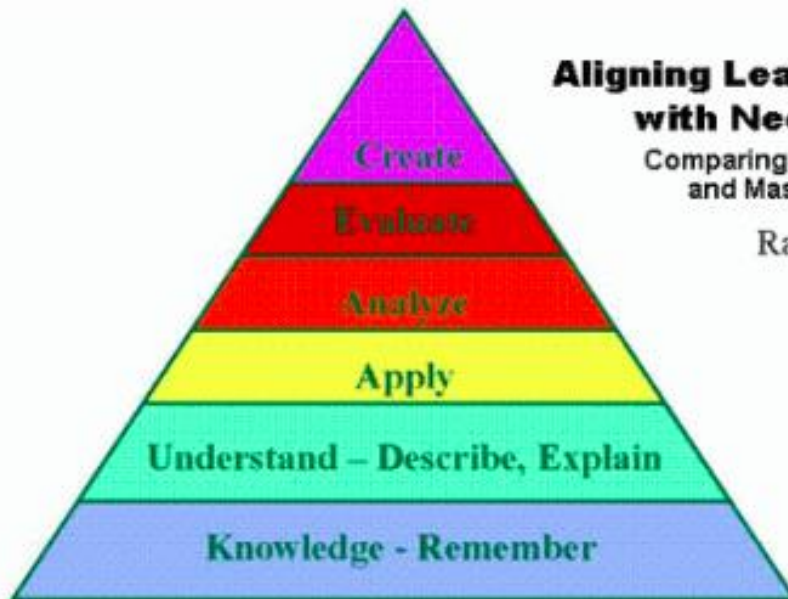
Are students safe and fed?

Integrating Maslow and Bloom

Aligning Learning Performance with Need Fulfillment

Comparing Bloom's Taxonomy
and Maslow's Hierarchy

Ray Wilson



Based on an APA adaptation of Anderson, L.W. & Krathwohl, D.R. (Eds.) (2001)

Bloom's Taxonomy (Revised)

http://www.apa.org/ed/new_blooms.html



Maslow's Hierarchy of Needs

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But in general ...

STUDENTS MUST
MASLOW
BEFORE THEY CAN
BLOOM



MARKERSANDMINIONS.COM



Resources

“The Power of Play for Connecting Online” (booklet of games), Ashley McGuire

[The Power of Play for Connecting Online June 2020](#)

“Learning to Host Virtual Circles” (recorded webinar), Safe and Supportive Schools

[Past-Webinars-restorative practices](#)

“Behavior-Specific Praise Tip-Sheet” (pdf), Vanderbilt University

[Behavior-Specific Praise Tip Sheet](#)

“Best Practice in Online Learning Environments” (recorded webinar), Upstate PDRC

[Webinar:Best Practices in Virtual Learning Environments| Nys Pdr Ros](#)



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The PDRC exists to meet the professional development needs of New York's independent and religious school teachers and school leaders. We want to know what **you** need. Visit our website to find more resources and let us know what else you'd like to see on our 1:1 Support Request page.

<https://www.nysed-soris-upstate-pdrc.org/>







